

LEADING-EDGE SPIRITUAL THOUGHT

Lecture 5: Non-Attachment and Self-Denial

Study Guide

I. OVERVIEW

II. PERENNIAL PHILOSOPHY TEACHINGS

1. Non-Attachment's Connection to Self-Denial
2. Non-Attachment to Outcomes
3. Non-Attachment to Identities
4. Aversion as the Equal Opposite of Non-Attachment

III.A COURSE IN MIRACLES AND NON-ATTACHMENT

1. Non-Attachment and Decision Making
2. To What is There to be Attached?

3. Some Key Lessons

1. Lesson 104, "I seek but what belongs to me in truth."

2. Lesson 108, "To give and to receive are one in truth."

3. Lesson 128, "The world I see holds nothing that I want."

4. Lesson 133, "I will not value what is valueless."

4. Special Relationships and Non-Attachment

IV. TRADITIONAL CHRISTIANITY TEACHINGS